

## 2019 Junior League Information

The Fruitport Boys' Basketball Program is now accepting registrations for the 2019 Junior League. This program is open to student athletes currently in 1st through 6<sup>th</sup> grade who are enrolled in Fruitport Community Schools and/or are residents of Fruitport Township.

### **Each athlete will learn the following:**

- Fundamental skills development
- Proper basketball techniques
- Team concepts
- Basketball rules
- Sportsmanship
- The joy of the game!

### **Each athlete will receive the following:**

- EIGHT weeks of enthusiastic instruction from Fruitport Staff and varsity players!
- Fruitport Basketball T-Shirt
- Free basketball
- Free admission to a Fruitport Varsity Boys' Basketball Game
- End of season skills competition!

### ***We are in need of volunteer coaches!***

*No experience is necessary, just a commitment of your time and energy. If you are interested in helping out please contact Coach Steve Erny at [serny@fruitportschools.net](mailto:serny@fruitportschools.net).*

*There will be a one hour clinic for youth coaches in early January hosted by the high school staff coaches.*

## 2019 Schedule

The season will be held over an eight-week period. The first two Saturday's will be dedicated entirely to teaching and skill development. By the third Saturday, players will be evaluated, placed on team rosters, and assigned coaches. Teams will hold their first practices on Saturday, Jan 26. Teams will have practice opportunities one evening per week, in addition to games each Saturday morning. Individual team coaches will be responsible for communicating practice information when it becomes available.

### **Saturday Skill Builder Schedule\***

9:00 AM-10:00 AM 1<sup>st</sup>-2<sup>nd</sup> Grade

10:15-11:30 AM 3<sup>rd</sup> and 4<sup>th</sup> Grade

11:45 AM – 1 PM 5<sup>th</sup> and 6<sup>th</sup> Grade

*\* Session times may be altered or expanded on game days to accommodate the schedule. Please note the location changes to FMS on January 12, 19, and the later start time at FHS on February 2. No games over winter break February 16.*

### **Saturday, Jan 12 - FMS**

Skill Development and Instruction

### **Saturday, Jan 19- FMS**

Skill Development and Instruction

**Saturday Jan 26- FHS** First team practice/scrimmage

**Sat. Feb 2- \* (2-6pm at FHS) GAME DAY**

**Saturday, Feb 9 - GAME DAY**

**Saturday, Feb 16 - No Games**

**Saturday, Feb 23 - GAME DAY**

**Saturday March 2- GAME DAY**

**Sunday March 3- 3-6pm SKILLS SESSION CONTESTS, AWARDS**

## 2019 Registration

**Player Name:**

**Grade Level:**

**School:**

**Address:**

**City:**

**Zip:**

**Parent/Guardian:**

**Home Phone: (     )**

**Cell Phone: (     )**

**Email:**

**T-Shirt Size (please circle one)**

**YS    YM    YL**

**AS    AM    AL    AXL**

**Allergies:**

**Other Concerns:**

**PARENT/GUARDIAN SIGNATURE  
REQUIRED ON BACK WITH  
CONCUSSION INFORMATION**

### To Register

*In person registration takes place at the games on Friday, January 4. All registrants are admitted free to that night's games. Final registrations are due by Monday, January 7. Cost is \$50.00.*

*Registrations can also be mailed to:*

Fruitport High School  
ATTN: Steve Erny  
357 North Sixth Street  
Fruitport, MI 49415

*Please make checks payable to:  
Fruitport Basketball*

## 2019 Junior League Concussion Policy

If an athlete sustains an injury and is suspected of having a concussion, he or she will be immediately removed from participation. When a staff member determines that an athlete exhibits the signs of a possible concussion, he or she will contact the parent/guardian of said athlete. The athlete will not be permitted to return to active participation until released by a medical professional.

### **Possible concussion signs observed by parents/guardians or staff:**

Athlete appears dazed or stunned  
Athlete forgets instruction  
Athlete moves clumsily  
Athlete responds slowly  
Athlete loses consciousness  
Athlete's behavior changes  
Athlete's personality changes  
Athlete can't recall pre-injury events  
Athlete can't recall post-injury events

### **Possible symptoms reported by an athlete:**

- Headache or "pressure" in head
- Nausea or vomiting
- Trouble with balance or dizziness
- Double vision or blurry vision
- Sensitivity to light or noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Athlete doesn't "feel right"

For more info please visit [www.mhsaa.com](http://www.mhsaa.com) or [www.nfhs.org](http://www.nfhs.org) or [www.cdc.gov/concussion](http://www.cdc.gov/concussion)

**By signing this document I am acknowledging the following:**

**"I have read the concussion information and acknowledge receipt of the protocol in place should my son or daughter sustain a suspected concussion."**

Parent/Guardian Signature:

Parent/Guardian Printed Name:

## **PARTICIPATION FEE IS ONLY**

# **\$50.00**

### **Cost includes:**

All program fees

Eight weeks of great  
instruction and game play!

A Fruitport Basketball T-Shirt  
Free practice basketball  
Free Admission to a Fruitport  
Varsity Boys' Basketball Game!

Registrations due Monday  
January 7, 2019

Please make checks payable to:  
*Fruitport Basketball*

Late registration will be subject to an  
additional \$5.00 fee

# **FRUITPORT Boys BASKETBALL**



*Play hard - Play smart - Play  
together*

## **JUNIOR LEAGUE 2019**



**Grades 1 through 6  
January 12-  
March 3, 2019**

## **SIGN UP TODAY!**